

EEG Info Clinical Summit

The Clinical Summit is designed to provide updates from the *EEG Institute* as well as allow ample time for sharing strategies and results with other Neurofeedback clinicians. There will also be time to learn about and try out new Neurofeedback instrumentation and other complementary programs and devices. The formal program begins Thursday midday and ends Sunday midday. We offer optional workshops and individual support time before and after the formal program.

We begin with a buffet lunch on Thursday, which gives attendees a chance to assemble and meet before the program begins. Breakfasts and lunches are included, which will bring people together and provide more time for informal discussions.

Siegfried will present Thursday afternoon, updating the theoretical model, folding in our new findings, providing an integrating perspective, and projecting to our near-term future. On Friday morning, Sue will present an update on assessment. Friday afternoon will be a New Technology Practicum providing hands-on time with hardware and software. This will include Neurofeedback tools as well as other complementary products and programs. We will have multiple systems set up so that everyone has the opportunity to try them out.

Saturday morning Sue will present an update on training and Saturday afternoon is our clinical business discussion and more theory with Siegfried. We open the floor to attendees to share the new and interesting developments in their own work. This might be new Neurofeedback approaches, complementary modalities, integrative practice models, practice building, etc.

Sunday morning Sue will lead a group discussion on clinical issues. This will be the time to discuss difficult cases and how to improve clinical outcomes. The formal program will end at 12:30pm on Sunday.

Optional free workshops on Thursday morning will include a Cygnet workshop with Kurt and an EEG Expert and QIK workshop with Sue. Sunday afternoon we will be available for individual assistance and advice as needed.

We are looking forward to sharing our new techniques and understanding of this powerful tool we all use every day. We are also excited to provide a forum in which Neurofeedback clinicians can get together and share their successes and challenges.

Presented by:**Siegfried Othmer, Ph.D., BCIAC**

Chief Scientist, The EEG Institute

Siegfried Othmer continues to be involved in the development of new clinical modalities to promote self-regulation, as well as to evolve a framework for the understanding of our methods. He also labors to promote the field in general, and to enhance professional training in Neurofeedback.

Sue Othmer, BCIAC

Clinical Director, EEG Institute

Sue Othmer is a leader in the clinical application of Neurofeedback. She has introduced thousands of professionals to the field of Neurofeedback and continues to teach the leading introductory Neurofeedback training course.

What you will learn:

- New EEG training approaches
- How to optimize your clinical results
- Integrating multiple Neurofeedback perspectives
- Understanding and applying assessment data
- Implications for Neurofeedback approaches
- New: More opportunity to meet and hear from other clinicians.
- New: More hands-on opportunity to acquaint yourself with new product developments, and to consolidate the lecture material

Who Should Attend:

Health and mental health practitioners with at least one year of Neurofeedback experience, who wish to add to their Neurofeedback clinical skills, find out more about the latest clinical thinking and equipment advancements, and hear from other professionals who are experiencing many of the same success and challenges in this field.

Prerequisites:

- Introductory Clinical Course in Neurofeedback
- One year minimum Clinical Experience in Neurofeedback is preferred

What to Bring:

Attendees are invited to bring their laptop computers to be loaded with the latest Neurofeedback software at the course for trial and evaluation. We also encourage attendees to bring questions, ideas and success stories to share.

Fees:

\$895 covers course and materials, including continental breakfasts, lunches, and optional workshops.

Credits offered:

EEG Info is approved by the American Psychological Association to sponsor continuing education for psychologists. EEG Info maintains responsibility for this program and its content.

Course Outline:**THURSDAY:**

9:30am - 12:00pm

Optional Morning Workshops

Cygnets Introduction with Kurt Othmer

- Frequency and amplitude
- Applications
- Games
- Session reports

EEG Expert and QIK Use and Interpretation with Sue Othmer

- QIK CPT and performance tests
- EEG Expert QIK reports
- Interpreting QIK CPT results
- EEG Expert symptom tracking

12:00 - 1:30pm *Lunch*

1:30pm Start of Formal Program

1:30 - 2:00pm *Introductions*

2:00 - 6:00pm

Theory Update with Siegfried Othmer

- Updating the theoretical model
- Incorporating the latest clinical findings
- Respective roles of differential and synchrony training
- Current status and near-term developments in protocols and techniques

FRIDAY:

7:30 – 8:30am *Continental Breakfast*

8:30am – 12:30pm *Assessment Update and Discussion with Sue Othmer*

- New symptom profiles and training indicators
- Instability versus arousal and activation deficits
- Hyper-excitability and disinhibition
- EEG Expert performance tests and symptom tracking
- Considering EEG measures and brain imaging

12:30 – 2:00pm *Lunch*

2:00 – 6:00pm *New Technology Practicum with EEG Staff*

- Demonstration and discussion of new hardware and software
- Hands-on opportunity with new products and programs
- Filming for new video promoting Neurofeedback to professionals

SATURDAY:

7:30 – 8:30am *Continental Breakfast*

8:30am – 12:30pm *Training Update and Discussion with Sue Othmer*

- Rethinking rewards and inhibits
- One-channel bipolar training
- Awake-state versus deep-state
- Two-channel sum training

12:30 – 2:00pm *Lunch*

2:00 – 4:00pm *Clinical Business Discussion*

- Marketing
- Certification
- Practice Management

4:00 – 6:00pm *Case Conference Discussion*

- Difficult cases
- Successes
- Training strategies
- Combining modalities

SUNDAY:

7:30 – 8:30am *Continental Breakfast*

8:30am - 12:30pm *Decision Tree Update and Discussion with Sue Othmer*

- New low frequency training strategies and results
- Integrating inter-hemispheric and single hemisphere training
- Combining training sites
- Alpha-theta trends

12:30pm *End of Formal Program*

2:00 - 5:00pm *Optional Individual Assistance with EEG Staff*

Cancellation/Refund Policy:

Cancellations must be received 7 days prior to the workshop. Cancellations made within the 7-day period will be subject to a \$25.00 processing fee. If you cannot attend, a qualified substitute may attend in your place or you can choose to attend one of the other scheduled workshops.

Information for special needs participants:

This program will be accessible to individuals with disabilities, according to requirements of the Americans with Disabilities Act. Please contact us if you need further information or if you have requests for special needs participants.