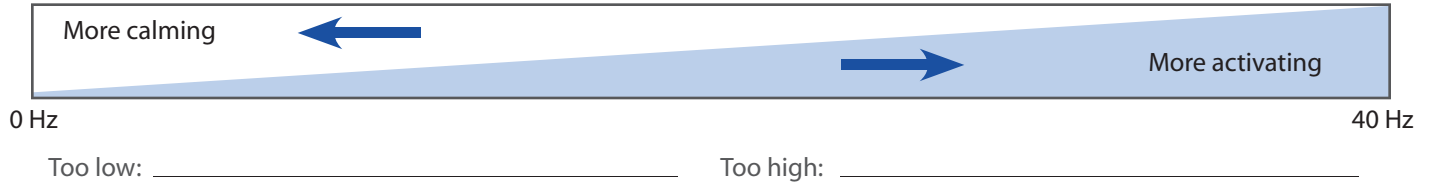


Name _____

Date _____

Individual Neurofeedback Program

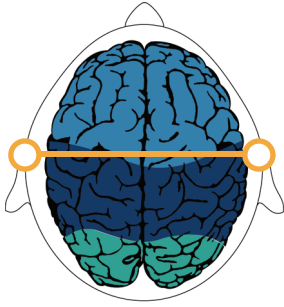
1. Reward Frequency: Shifting arousal level



2. Electrode Placements: Exercising different brain areas to improve specific brain functions

Left Hemisphere	Right Hemisphere
<p>Prefrontal <i>Mental calming and impulse control</i></p> <p>_____</p>	<p>Prefrontal <i>Calms emotional reactivity</i></p> <p>_____</p>
<p>Frontal <i>Speech and sequential movement</i></p> <p>_____</p>	<p>Frontal <i>Emotional expression</i></p> <p>_____</p>
<p>Central <i>Control of right-side body movement</i></p> <p>_____</p>	<p>Central <i>Control of left-side body movement</i></p> <p>_____</p>
<p>Occipital <i>Visual detail</i></p> <p>_____</p>	<p>Occipital <i>Visual context</i></p> <p>_____</p>
<p>Temporal <i>Object recognition</i></p> <p>_____</p>	<p>Temporal <i>Pattern recognition</i></p> <p>_____</p>
<p>Parietal <i>Dominant hand awareness, arithmetic</i></p> <p>_____</p>	<p>Parietal <i>Physical calming, body and spatial awareness</i></p> <p>_____</p>

Inter-hemispheric



Left-Right Temporal
Stabilization

3. Alpha-Theta: Deep-state synchrony training for resolution of fears and habits

Additional Notes:
