

## Practicum 1 Schedule

### Day 1:

**7:30 – 8:30am**            **Registration and Breakfast**

**8:30am – 12:30pm**

Welcome and Introductions

**Assessment overview:** interview, QIK test, NF session, symptom tracking, treatment plan

**Assessment Interview**

Basic sites and training effects

Neurofeedback assessment form, neurofeedback treatment plan

**Practice session 1: Assessment Interview with partner**

**Practice session 2: Completion of assessment summary form**

**12:30 – 2:00pm**            **Lunch break**

**2:00pm – 5:30pm**

**QIK test and Symptom tracking**

QIK test demonstration

**Practice session 3: QIK test - administration and report**

Discussion of QIK results

**Practice session 4: Symptom tracking**

### Day 2:

**7:30 – 8:30am**            **Breakfast**

**8:30am – 12:30pm**

**Cygnet session basics: 1 channel ILF HD demonstration and discussion**

Electrode use and care

Impedance measurement

Clinician screen and live session controls

Peripheral measures with combination sensor

Session reports

**Starting sites and reward frequency options**

Starting sites and frequencies with ILF HD

Adjusting reward frequency and/or training site in session

**Discussion of personal training and starting site indicators**

**Practice session 5: starting sites – 1 channel ILF HD**

**12:30 – 2:00pm          Lunch break**

**2:00pm – 5:30pm**

**Understanding EEG displays: demonstration and discussion**

EEG and spectral displays

Artifacts

History graph (Trends)

**Optimizing feedback (game) displays and tactile: demonstration and discussion**

**Discussion of training results**

Interpreting symptom changes session to session

**Practice session 6: starting sites – 1 channel ILF HD**

Continued optimization of starting site and reward frequency

**Day 3:**

**7:30 – 8:30    Breakfast**

**8:30am – 12:30pm**

**Cygnets session basics: 2 channel ILF HD**

Electrode setup – 5 electrodes or 4 electrodes with jumper cable

Clinician screen, live session controls and session reports

**Adding ILF HD training sites and adjusting reward frequencies**

Adding basic sites and other sites

**Discussion of training results**

Interpreting symptom changes session to session

**Practice session 7: Adding basic sites – 2 channel ILF HD**

**12:30 – 2:00pm          Lunch break**

**2:00pm – 5:30pm**

**After ILF HD and Explaining ILF neurofeedback**

Adding alpha-theta

Adding 2 channel synchrony

History of reward frequency ranges

Tracking Infra-low frequency signals

Expectations

**Discussion of training results**

**Practice session 8: Adding basic sites – 2 channel ILF HD**

Continued optimization of basic sites and reward frequencies