Practicum 1 Schedule

Day 1:

7:30 – 8:30am Registration and Breakfast

8:30am – 12:30pm

Welcome and Introductions

Assessment overview: interview, QIK test, NF session, symptom tracking, treatment plan

Assessment Interview

Basic sites and training effects

Neurofeedback assessment form, neurofeedback treatment plan

Practice session 1: **Assessment Interview with partner**

Practice session 2: Completion of assessment summary form

12:30 – 2:00pm Lunch break

2:00pm – 5:30pm

QIK test and Symptom tracking

QIK test demonstration

Practice session 3: **QIK test - administration and report**

Discussion of QIK results

Practice session 4: Symptom tracking

Day 2:

7:30 – 8:30am Breakfast

8:30am – 12:30pm

Cygnet session basics: 2 channel ILF HD demonstration and discussion

Electrode setup and care

Impedance measurement

Clinician screen and live session controls

Session reports

Starting sites and training frequency options

Starting sites and frequencies with ILF HD

Adjusting training frequency and/or training site in session

Discussion of personal training and starting site indicators

Practice session 5: starting sites – 2 channel ILF HD

12:30 – 2:00pm Lunch break

2:00pm – 5:30pm

Understanding EEG displays: demonstration and discussion

EEG and spectral displays

Artifacts

History graph (Trends)

Peripheral measures with combination sensor

Discussion of training results

Interpreting symptom changes session to session

Practice session 6: starting sites – 2 channel ILF HD

Continued optimization of starting site and training frequency

Day 3:

7:30 – 8:30 Breakfast

8:30am – 12:30pm

Optimizing feedback (game) displays and tactile: demonstration and discussion

Adding ILF HD training sites and adjusting training frequencies

Adding basic sites and other sites

Discussion of training results

Interpreting symptom changes session to session

Practice session 7: Adding basic sites – 2 channel ILF HD and combination sensor

12:30 – 2:00pm Lunch break

2:00pm – 5:30pm

After ILF HD and Explaining ILF neurofeedback

Adding alpha-theta

Adding 2 channel synchrony

History of training frequency ranges

Tracking Infra-low frequency signals

Discussion of training results

Practice session 8: Adding basic sites – 2 channel ILF HD and combination sensor

Continued optimization of basic sites and training frequencies