

Name _____

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FORM 4B

Othmer Method Neurofeedback Certification

Summary of *The Neuroscience of Psychotherapy* by Cozolino

List below three key ideas from each chapter:

Chapter 1: *The Entangled Histories of Neurology and Psychotherapy*

1.

2.

3.

Chapter 2: *Rebuilding the Brain: Neuroscience and Psychotherapy*

1.

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Chapter 3: *Neural Integration in Different Models of Psychotherapy*

1.

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Chapter 4: *The Human Nervous System: From Neurons to Neural Networks*

1.

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Chapter 5: Multiple Memory Systems in Psychotherapy

1.

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Chapter 6: Laterality: One Brain or Two?

1.

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Chapter 7: *The Executive Brain*

1.

2.

3.

Chapter 8: *The Construction of the Narrative Self*

1.

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Chapter 9: *The Interpersonal Sculpting of the Social Brain*

1.

2.

3.

Chapter 10: *The Self in Exile: Narcissism and Pathological Caretaking*

1.

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Chapter 11: *The Anxious and Fearful Brain*

1.

2.

3.

Chapter 12: *The Impact of Trauma on the Brain*

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Chapter 13: *The Old Dogs New Tricks*

1.

2.

3.

Chapter 14: *The Psychotherapist as Neuroscientist: An Emerging Paradigm*

1.

2.

3.