

# Othmer Method Neurofeedback Certification

## Application Form

Name: (As it will appear on certificate) \_\_\_\_\_

Degree: \_\_\_\_\_ Professional License: \_\_\_\_\_

Certifications: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

### 1. EEG Info Introductory Course or Clinical Summit and Practicum Weekends within last two years:

*(attach certificate of completion for all completed courses and practicums)*

Introductory course on date: \_\_\_\_\_

Clinical Summit on date: \_\_\_\_\_

Practicum Weekend: Alpha-Theta on date: \_\_\_\_\_

Bipolar/Infra-low Neurofeedback on date: \_\_\_\_\_

Neurofeedback Evaluation on date: \_\_\_\_\_

### 2. History and Research: (attach summary forms)

- A) A Symphony in the Brain by Robbins
- B) Understanding, Diagnosing and Treating AD/HD in Children and Adolescents by Incorvaia  
Chapter 10 by Othmer & Kaiser
- C) Introduction to Quantitative EEG and Neurofeedback by Evans and Abarbanel  
Chapters 3, 5, 7, 11, 12 by: Budzynski, Lubar, Peniston & Kulkosky, Othmer & Kaiser, Abarbanel
- D) Handbook of Neurofeedback by Evans  
Chapters 1, 2, 5, 10, 12 by: Crane, Othmer, Budzynski, Fehmi
- E) Introduction to Quantitative EEG and Neurofeedback, Second Edition: Advanced Theory  
and Applications by Budzynski, Evans and Abarbanel  
Chapters 1, 7, 10, 13
- F) EEG Biofeedback (Neurofeedback) as a Modality for Treating Addiction by Othmer and Steinberg

**3. EEG and Instrumentation: (attach summary form)**

- A) Primer of EEG with Mini-Atlas by Rowan and Tolunsky

**4. Neuroscience: (attach summary forms)**

- A) Understanding the Brain by Norden
- B) Neuroscience of Psychotherapy by Cozolino
- C) Making a Good Brain Great by Amen

**5. Treatment Planning: (attach summary forms)**

- A) Protocol Guide (Current) by Othmer
- B) PTSD Video Case Study by Othmer
- C) Working with Alpha-Theta by Grierson and Shapero

**6. Professional Conduct: (attach summary form)**

- Practice Guidelines and Standards for Providers of Biofeedback and Applied Psychophysiological Services by Streifel

**7. Mentoring with Othmer Method certified provider: (attach mentoring hours form)**

- 10 hours between dates: \_\_\_\_\_ and \_\_\_\_\_  
With certified provider: \_\_\_\_\_
- EEG Info list server participation

**8. Personal Neurofeedback Training: (Attach session notes)**

- 20 sessions awake-state
- 10 sessions deep-state

**9. Clinical Experience with Neurofeedback**

- At least 1 year - Since date: \_\_\_\_\_
- At least 400 sessions                       With no less than 20 clients

**10. Case Presentation:** (attach written notes)

- For one client through at least 20 sessions
  - Within last 12 months
  - All assessment and reassessment information plus session notes
  - Summary of decision-making and lessons learned

**11. Prerequisites:** (attach CV including education and professional experience)

- Bachelor’s degree or higher in a health care field;
- Or three years neurofeedback experience in a professional setting

**12. Application Fee:**

- \$200.00    \_\_\_ Check    \_\_\_ Credit card

Credit card number \_\_\_\_\_ Exp. Date \_\_\_\_\_

**13. Recertification requirements:**

Certification will be valid for a period of two years.

Renewal of certification will require:

- EEG Info Introductory course or Clinical Summit within previous 12 months
- New case presentation of work within previous year
- Continued EEG Info list server participation

**14. Agreement:**

*I hereby attest that I have completed all of the above requirements for Othmer Method Neurofeedback Certification. I understand that EEG Info and EEG Institute assume no responsibility for my actions or activities. I practice at my own risk and hereby release EEG Info and EEG Institute from any and all liability for any practice decisions I make.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Send this completed form along with attachments and application fee to:**  
 EEG Info, 6400 Canoga Ave., Suite 210, Woodland Hills, CA 91367