

Name _____

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FORM 4C

Othmer Method Neurofeedback Certification

Summary of *Restoring the Brain, 2nd Edition* by Kirk

List below three key ideas from each chapter:

Chapter 1: *Changing the paradigm from neurochemical to neuroelectrical models*

1.

2.

3.

Chapter 2: *History of neurofeedback*

1.

2.

3.

Name _____

Date _____

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Chapter 3: *Toward a theory of infra-low frequency neurofeedback*

1.

2.

3.

Chapter 4: *Astrocytes and infra-low frequencies*

1.

2.

3.

Name _____

Date _____

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Chapter 5: Neurofeedback in clinical practice

1.

2.

3.

Chapter 6: Neurofeedback in an integrative medical practice

1.

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Name _____

Date _____

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Chapter 7: Neurofeedback in combination with psychotherapy

1.

2.

3.

Chapter 8: Remediating brain instabilities in a neurology practice

1.

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Name _____

Date _____

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Chapter 9: *Early development and childhood emotional and behavioral disorders*

1.

2.

3.

Chapter 10: *Neurofeedback in application to the ADHD spectrum*

1.

2.

3.

Name _____

Date _____

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Chapter 11: *ILF Neurofeedback and alpha-theta training in a multidisciplinary chronic pain program*

1.

2.

3.

Chapter 12: *Effect of infra-low frequency neurofeedback on the functional state of the brain in healthy and depressed individuals*

1.

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Name _____

Date _____

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Chapter 13: Neurofeedback with PTSD and Traumatic Brain Injury (TBI)

1.

2.

3.

Chapter 14: The Sleeping Brain: Neurofeedback and Insomnia

1.

2.

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Name _____

Date _____

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Chapter 15: Conclusion: The Future of Neurofeedback

1.

2.

3.