

Othmer Method Neurofeedback Certification

Application Form

Name: (As it will appear on certificate) _____

Degree: _____ Professional License: _____

Certifications: _____

Affiliation: _____

Address: _____

Telephone: _____ E-mail: _____

1. EEG Info Introductory Course and Practicum Weekends within last two years:

(attach certificate of completion for all courses attended)

Introductory course on: mo./ yr. _____

Plus *all* topics covered in

Practicum Weekend: Neurofeedback Assessment on: mo./ yr. _____

Infra-low Frequency Neurofeedback on: mo./ yr. _____

Synchrony Training on: mo./ yr. _____

Alpha-theta Neurofeedback on: mo./ yr. _____

2. History and Research: (attach summary forms)

- A) A Symphony in the Brain by Robbins
- B) Understanding, Diagnosing and Treating AD/HD in Children and Adolescents by Ingorvaia
Chapter 10 by Othmer & Kaiser
- C) Introduction to Quantitative EEG and Neurofeedback by Evans and Abarbanel
Chapters 3, 7, 11, 12 by: Budzynski, Lubar, Peniston & Kulkosky, Othmer & Kaiser, Abarbanel
- D) Handbook of Neurofeedback by Evans
Chapters 1, 2, 5, 10 by: Crane, Othmer, Budzynski, Fehmi
- E) Introduction to Quantitative EEG and Neurofeedback, Second Edition: Advanced Theory
and Applications by Budzynski, Evans and Abarbanel
Chapters 1, 7, 10, 13
- F) EEG Biofeedback (Neurofeedback) as a Modality for Treating Addiction by Othmer and Steinberg
- G) Development of Othmer Method Online Video

3. EEG and Instrumentation: (attach summary form)

- A) Primer of EEG with Mini-Atlas by Rowan and Tolunsky

4. Neuroscience: (attach summary forms)

- A) Understanding the Brain Video by Norden
- B) Neuroscience of Psychotherapy (Second Edition) by Cozolino
- C) Restoring the Brain by Kirk

5. Treatment Planning: (attach summary forms)

- A) Protocol Guide, 7th Edition (2019) by Othmer
- B) Video Case Study by Othmer
- C) Working with Alpha-Theta Online Video by Grierson and Shapero

6. Professional Conduct: (attach summary form)

- Introduction to Quantitative EEG and Neurofeedback by Evans and Abarbanel
2nd Edition, Budzynski, Evans, and Abarbanel
Chapter 18: Ethics in Neurofeedback Practice by Striefel

7. Mentoring with Othmer Method Certified Provider: (attach mentoring hours form)

- 10 hours between dates: _____ and _____
With certified provider: _____

8. Personal Neurofeedback Training: (Attach session notes)

- 20 sessions Infra-low Frequency training
- 10 sessions Alpha-Theta training

9. Clinical Experience with Neurofeedback

- At least 1 year - Since date: _____
- At least 400 sessions With no less than 20 clients

10. Case Presentation: (attach written notes) *(based on the current version of the Protocol Guide for Neurofeedback Clinicians)*

- For one client through at least 20 sessions
 - A) In the last 12 months
 - C) Summary of decision-making and lessons learned
 - B) All assessment and reassessment information plus session notes
 - D) Pre and post measurement - QIK test or Other: _____

11. Prerequisites: (attach CV including education and professional experience)

- Bachelor's degree or higher in a health care field;
Or
- Three years of neurofeedback experience in a professional setting

12. Application Fee: \$200.00

- Check Credit card

Credit card number _____ Exp. Date _____

13. Recertification Requirements:

Certification is valid for two years.

Renewal of certification requires:

- A) Completion of EEG Info Introductory Course, Advanced Clinical Summit, or Practicum Weekend
- B) New case presentation of work in the last six months (based on the current version of the Protocol Guide for Neurofeedback Clinicians)

14. Agreement:

I hereby attest that I have completed all of the above requirements for Othmer Method Neurofeedback Certification. I understand that EEG Info and EEG Institute assume no responsibility for my actions or activities. I practice at my own risk and hereby release EEG Info and EEG Institute from any and all liability for any practice decisions I make.

Signature _____ Date _____

Send this completed form along with attachments and application fee to:
EEG Info, 6400 Canoga Ave., Suite 210, Woodland Hills, CA 91367